# $a$ 



## REQUIRED MATERIALS

- $27^{\prime \prime} \times 21^{\prime \prime}$ light green holly
- $27^{\prime \prime} \times 10^{1 / 2} 2^{\prime \prime}$ red swirl
- $27^{\prime \prime} \times 10^{1 / 2}$ " green with red dot
- $14^{\prime \prime} \times 14^{\prime \prime}$ light blue
- $5^{\prime \prime} \times 14^{\prime \prime}$ white with snowflakes
- $5^{\prime \prime} \times 14^{\prime \prime}$ green stripe
- $3 / 8$ yard red stripe
- various colorful fabrics for appliqué
- $55^{\prime \prime} \times 21^{\prime \prime}$ for backing


## CUT FABRICS

From light green holly, cut:

- (6) $71 / 22^{\prime \prime} \times 71 / 2$ " squares for piecing

From red swirl, cut:

- (3) $71 / 2$ " $\times 71 / 2$ " squares for piecing

From green with red dot, cut:

- (3) $71 / 2$ " $\times 71 / 2$ " squares for piecing

From light blue, cut:

- (2) $6^{\prime \prime} \times 12^{1 / 2}$ " rectangles for appliqué background From white with gold snowflakes, cut:
-(2) $11 / 2$ " $\times 12^{1 / 2 "}$ " strips for outer sashing
From green stripe, cut:
- (2) $11 / 2$ " $\times 12^{1 / 2}$ " rectangles for inner sashing

From red stripe, cut:

- (4) $2^{1 ⁄ 2} 2^{\prime \prime} \times$ WOF strips for binding


## Disappearing Hourglass_

STEP 1: On the back of (1) cream square, draw a line diagonally from corner to corner. STEP 2: Layer cream square and (1) green square, RST, making sure to line up the edges. STEP 3: Sew $1 / 40$ on both sides of the drawn line. STEP 4: Cut on the drawn line. Press toward green. STEP 5: You will now have two half-square triangles.
IMPORTANT: Trim each half-square triangle to $7^{\prime \prime} \times 7^{\prime \prime}$.


Steps 1-2


Step 3


Step 4


Step 5

Repeat to make a total of (12) half-square triangles, (6) that are light green / green, and (6) that are light green / red.

## FOR REMAINING STEPS, PRESS ALL SEAMS OPEN.

STEP 6: Sew (2) light green/green half-square triangles and (2) light green/red half-square triangles into an hourglass as shown.
STEP 7: Measure and cut $2 \frac{1}{1} / 4$ from center seams. STEP 8: Rotate corner units (outlined in blue) $180^{\circ}$, and center unit (outlined in black) $90^{\circ}$.


Step 6


Step 8

STEP 9: Refer to this image to verify that all units are arranged properly. STEP 10: Sew units together into rows.
STEP 11: Sew rows together to complete block.
Block will measure $121 / 2^{\prime \prime} \times 12^{1 / 2}$ ".
Repeat to make a total of (3) Disappearing Hourglass Blocks. Set blocks aside for assembly at a later step.


Step 9
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Step 10


Step 11
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Sew (1) green stripe inner sashing strip to a light blue background; press toward inner sashing. Sew (1) white with gold snowflakes outer sashing strip to the other side; press toward outer sashing. Repeat with second background.


Your diagram has two pages, a Reverse Diagram and an Assembly Diagram. When tracing shapes for fusible appliqué, use the Reverse Diagram.
Gently peel fusible paper from the back of each shapes. Refer to Assembly Diagram to arrange shapes on background fabric.

Appliqué in place using the method and stitch of your choice.


## Assemble TAble Runner

Sew blocks together in a row, pressing seams open. Sew one appliqué unit to each side as shown.


## Finish TABLE RUNNER

Layer top, batting, and backing. Quilt as desired.
Piece binding into one long strip. Fold in half lengthwise, wrong sides together, and press. Line up raw edges of the binding with the raw edge of the table runner. Sew binding to the front side of the table runner, starting at any side. Turn the binding over and hand stitch to the back of the table runner.
If desired, add eyes and nose to the teddy bear with embroidery (using French knots in the color of your choice) or a permanent marking pen (such as a Micron pen).

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