

## WELCOME BACK!

Let's get started! This is a Rail Fence Block, made from our beautiful red fabrics.

## REQUIRED MATERIALS

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Items required to complete this block:

- (1) Fat 8 th ( 9 " $\times 21$ ") each of 3 red fabrics
- (1) Fat 8th ( 9 " $\times 21$ ") 1 white fabric

You'll also need

- $6^{\prime \prime} \times 24$ " ruler*
- Rotary cutter ( 45 mm$)^{*}$
- Glass Head Patchwork Pins*
- Magnetic Pin Cushion*
- Cutting Mat*
- Scissors*
- Seam Ripper*
- Thread*
- Iron*
- Ironing Board ${ }^{*}$
- Sewing Machine*
*In future downloads, these items will be referred to as Standard Sewing Supplies


## PREPARE FABRIC

Press with sizing on wrong side of fabric
Cut a narrow strip to straighten the edge, or "square up"
Cut (2) $2^{\prime \prime} \times 21$ " strips of each fabric (reds and white)

## LET's SEW A STRIP SET!

$\qquad$
Lay out fabrics using diagram (right) as a guide.
Sew the white solid to the red/red dot, Right Sides Together (RST)
Remember to use a $1 / 4$ " seam allowance.
Place on ironing board vertically with white fabric facing up.
Set seam.
Open the strip set and press, working your way from the bottom to the top. (Avoid the "rainbow.")
Next, sew the red/white dot to the red solid, RST.
Now join the two sets to make a completed strip set.
Repeat for a second strip set.


Strip Set Diagram

## Rail FENCE UNITS

Lay strip set on mat, making sure it's straight on a line.
Trim end to square up.
Cut strip sets to make (4) $61 / 2 \mathrm{l}$ rail fence units (right).
Check to be sure each cut is square, squaring up strip set as often as needed.
Each rail fence unit should measure $61 / 2^{\prime \prime} \times 61 / 2$ ".


Rail Fence Diagram

## COMPLETE BLOCK

$\qquad$
Lay out rail fence units using Block Diagram (right) as a guide.
Pin, then join top two units with a $1 / 4 \mathrm{l}$ seam.

- Remove pins before sewing over.
- Sewing over pins can damage your machine!

Set seam and press towards white strip.
Repeat for second pair.
Sew pairs together to make a block.

- Slide intersections together so seams interlock (or nest).
- Pin center first so seams don't shift.

Set seam.
Open block and place face down.
Spin seams clockwise, pressing each seam towards the white fabric. "Pop" center and press with tip of iron.
Turn block over and do a final press.
Block should measure $12 \frac{1}{2} 2^{\prime \prime} \times 12 \frac{1}{2} 2^{\prime \prime}$.


Block Diagram


Kits for this project are available at ShabbyFabrics.com and include an exclusive Bonus Project.

If you've bought our kit, you need to keep your scraps and Shabay Shapes for the bonus project at the end. Your shapes this week are two red hearts. In Part 3, we will make the Orange Block. See you then!

