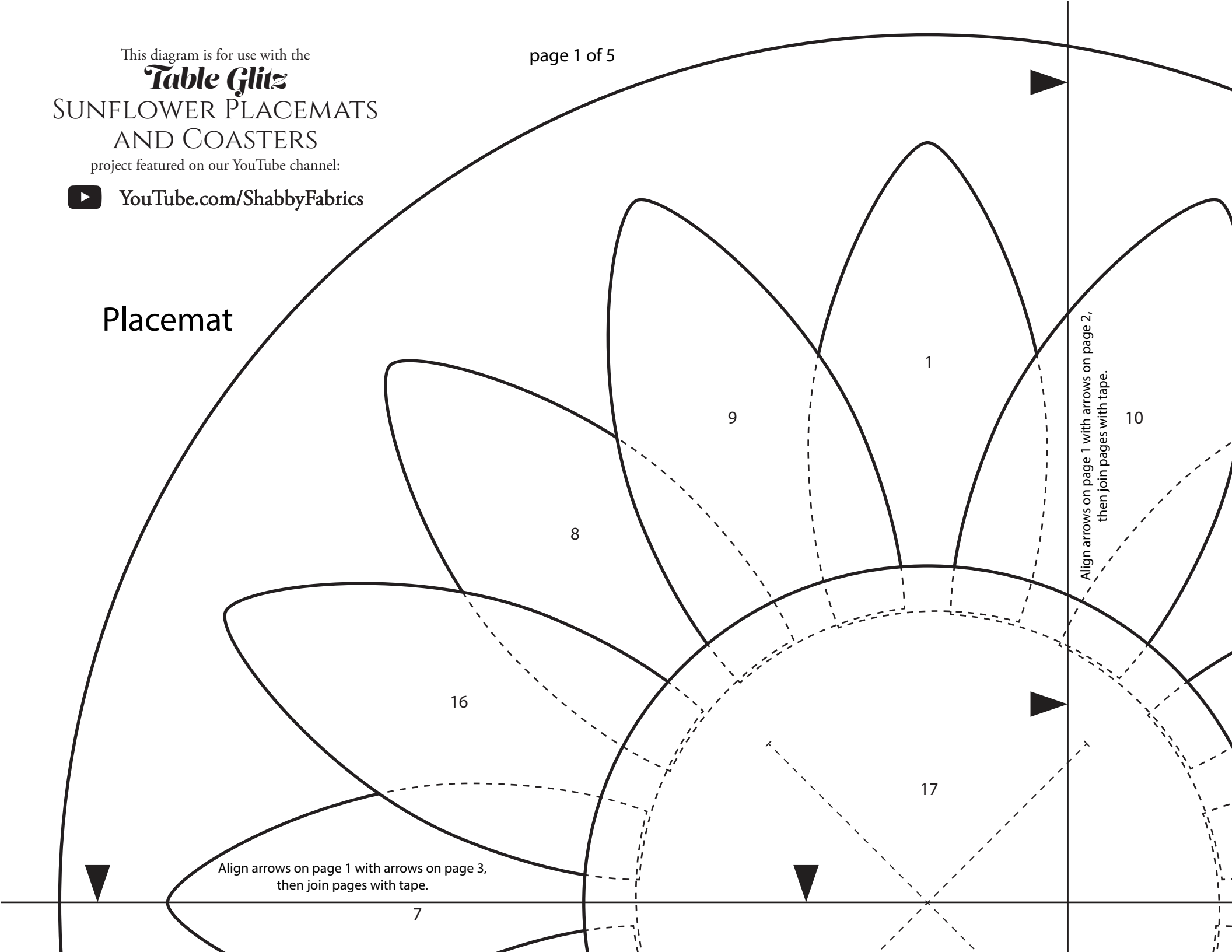


This diagram is for use with the  
**Table Glitz**  
SUNFLOWER PLACEMATS  
AND COASTERS

project featured on our YouTube channel:

 [YouTube.com/ShabbyFabrics](https://www.youtube.com/ShabbyFabrics)

Placemat



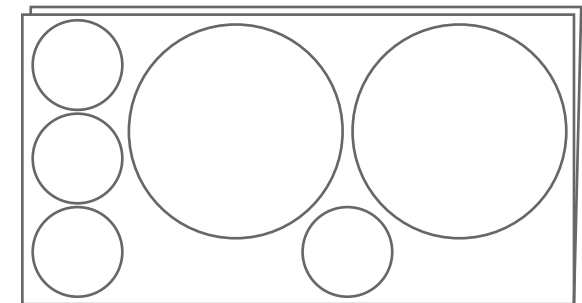
# BASIC INSTRUCTIONS FOR PLACEMATS AND COASTERS

## PREPARE YOUR DIAGRAM

1. Align arrows on diagram page 1 with arrows on diagram page 2, and tape pages together.
2. Roughly cut around circle shapes.

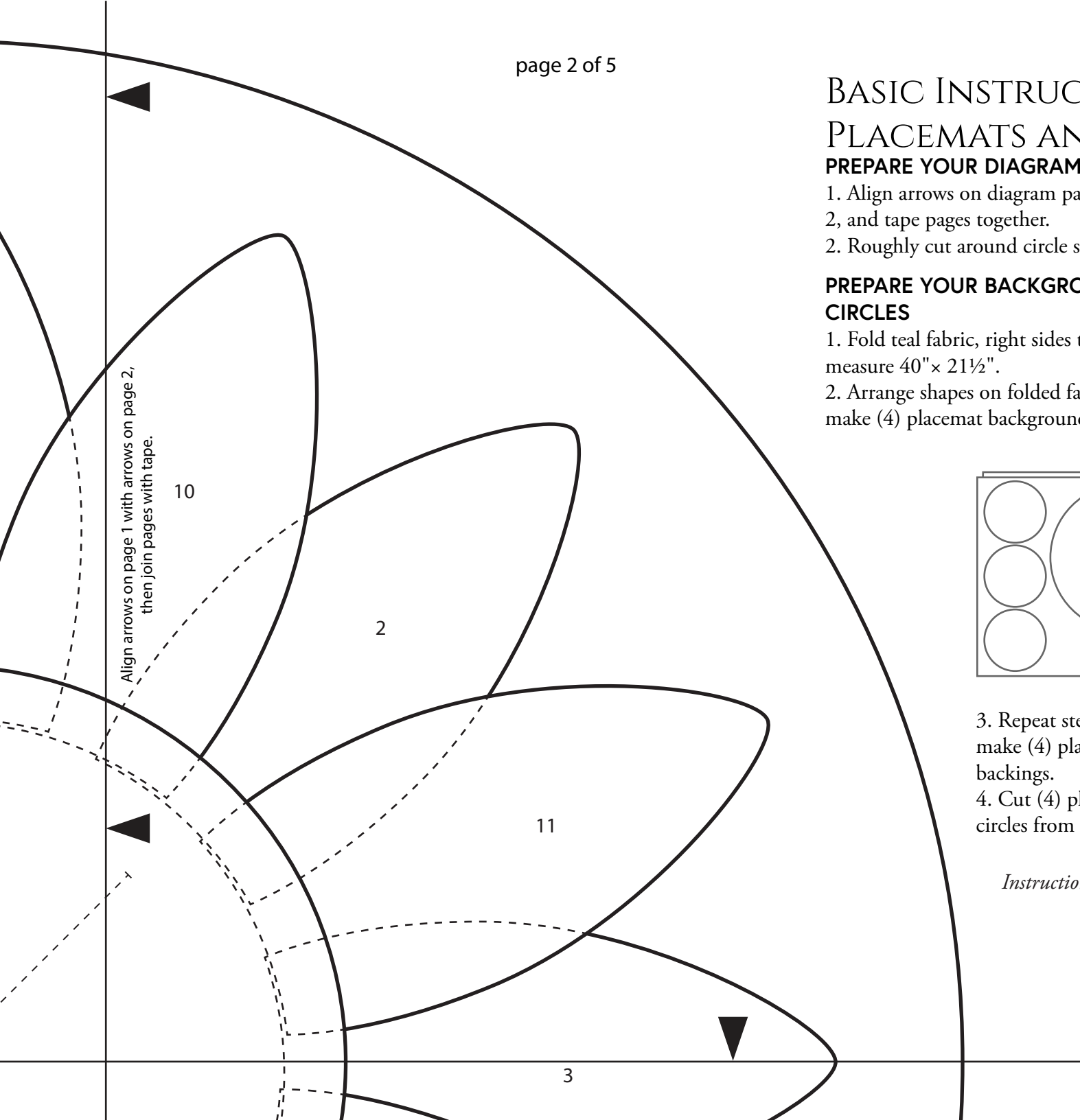
## PREPARE YOUR BACKGROUND AND BACKING CIRCLES

1. Fold teal fabric, right sides together. Your folded fabric will measure 40" x 21½".
2. Arrange shapes on folded fabric as pictured in this diagram to make (4) placemat backgrounds and (8) coaster backgrounds.



3. Repeat steps 1-2 with dark teal fabric to make (4) placemat backings and (8) coaster backings.
4. Cut (4) placemat circles and (8) coaster circles from fusible fleece.

*Instructions continued on page 4*



Align arrows on page 1 with arrows on page 3,  
then join pages with tape.

7

15

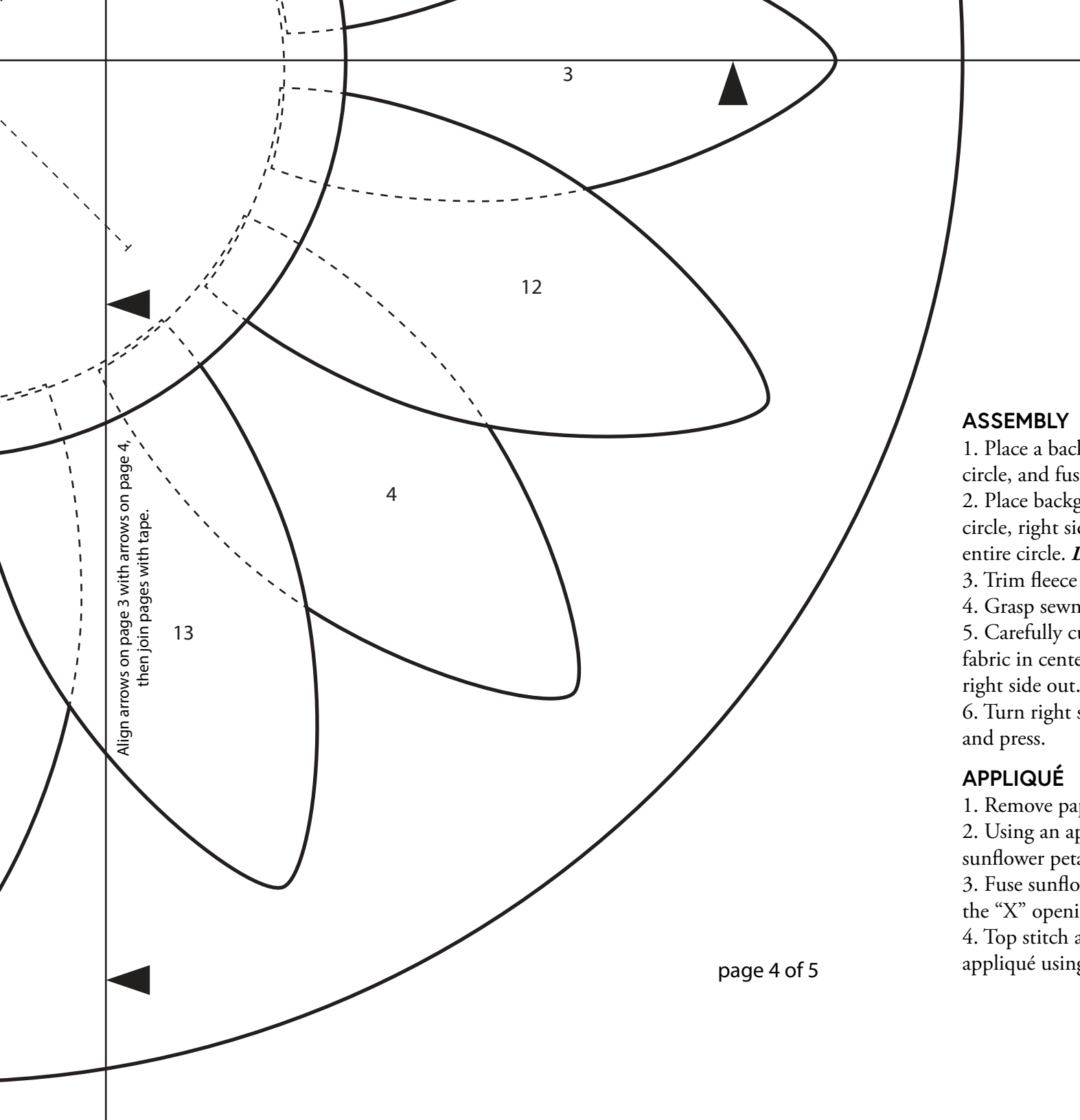
6

14

5

13

Align arrows on page 3 with arrows on page 4,  
then join pages with tape.



Align arrows on page 3 with arrows on page 4,  
then join pages with tape.

### ASSEMBLY

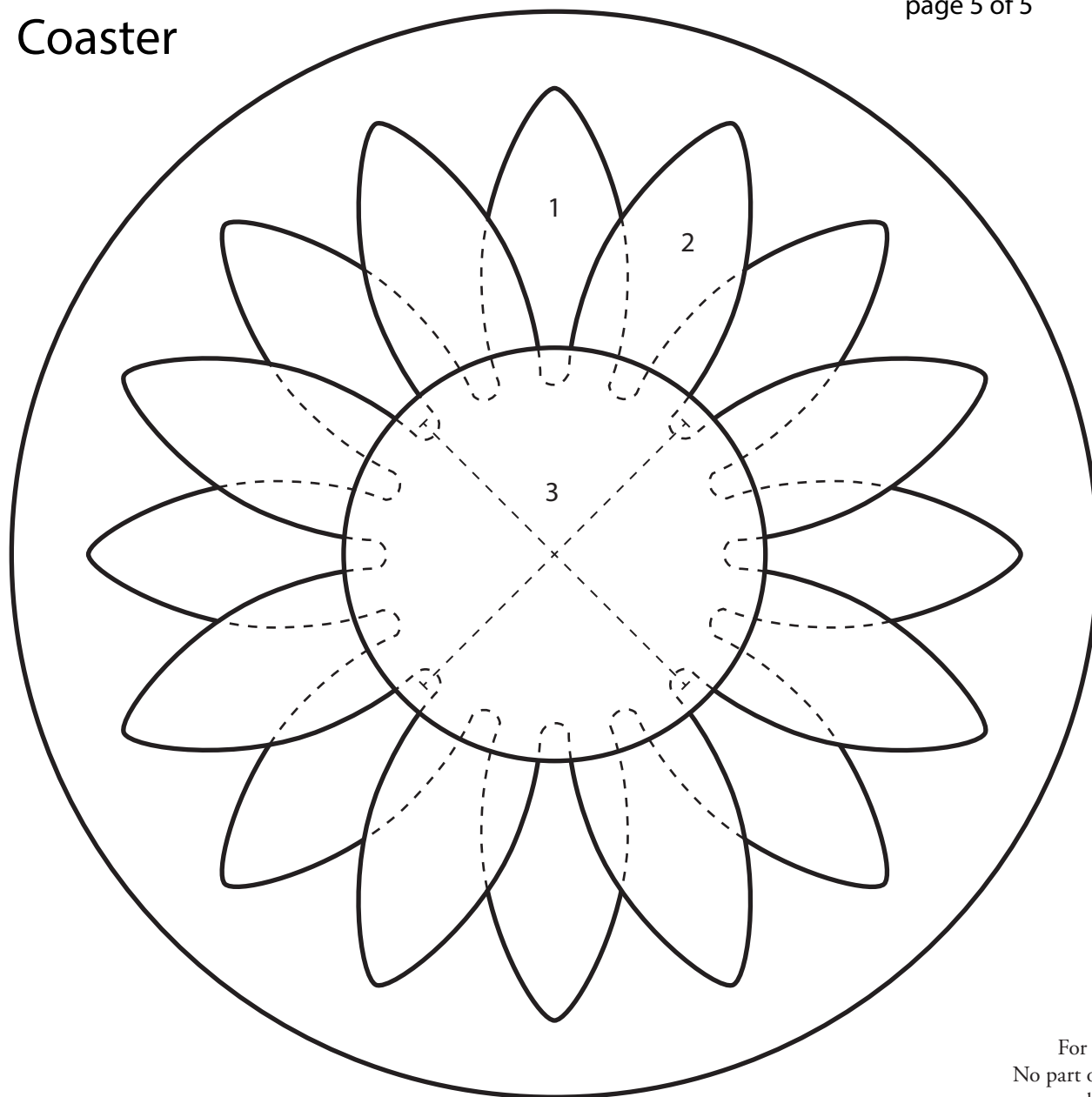
1. Place a backing circle on top of a fusible fleece circle, and fuse in place.
2. Place background circle on top of fused backing circle, right sides together, and sew  $\frac{1}{4}$ " around entire circle. ***Do not leave an opening.***
3. Trim fleece and clip curves.
4. Grasp sewn circle in the center and pull apart.
5. Carefully cut a small "X" in the single layer of fabric in center just large enough to turn placemat right side out.
6. Turn right side out through opening, and press.

### APPLIQUÉ

1. Remove paper backing from appliqué shapes.
2. Using an appliqué pressing sheet, assemble sunflower petals and sunflower center.
3. Fuse sunflower shape in place (this will cover the "X" opening).
4. Top stitch around entire placemat, and stitch appliqué using a complementary thread.

# Coaster

page 5 of 5



## FABRIC REQUIREMENTS

Makes 4 Placemats and 8 Coasters

- 1⅛ yard teal for backgrounds
- 1⅛ yard dark teal for backings
- ½ yard **each** of 2 yellows for appliqué
- ½ yard brown for appliqué
- 2 yards fusible web
- 1½ yards fusible fleece

Kits available at [ShabbyFabrics.com](http://ShabbyFabrics.com)

## RECOMMENDED PRODUCTS

- Kai® Scissors
- Clover® Point 2 Point Turner
- Clover® Wonder Clips
- Wafer Lightbox
- Appliqué Pressing Sheet
- Table Glitz Series - August Thread Set

Available at [ShabbyFabrics.com](http://ShabbyFabrics.com)

[ShabbyFabrics.com](http://ShabbyFabrics.com)

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