

# embroidery hoop

## wall hangings

FQ sets available at [ShabbyFabrics.com](https://ShabbyFabrics.com)



## REQUIRED

- ☐ embroidery hoop (*any size; we used 12"*)
- ☐ fabric (*Fat Quarters make great options*)
- ☐ scissors  
(*we recommend Karen Kay Buckley Perfect Scissors*)
- ☐ hot glue gun / clear glue sticks

Follow along with the FREE video tutorial  
**How to Make**  
**Embroidery Hoop Wall Hangings**  
on our YouTube channel:



[YouTube.com/ShabbyFabrics](https://YouTube.com/ShabbyFabrics)

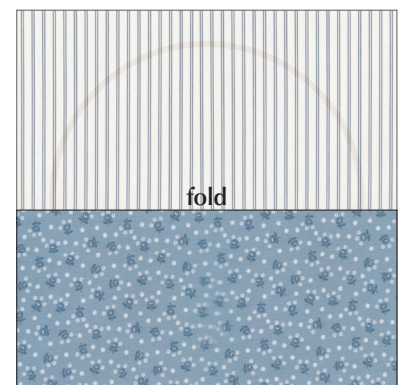
## RECOMMENDED

- ☐ parchment paper (*protects workspace, makes cleanup easy*)



## INSTRUCTIONS

1. Leaving a 1" - 2" border around hoop, cut (2) pieces of fabric to size.
2. Fold (1) piece of fabric in half with wrong sides together.
3. Loosen hoop screw to separate inner hoop and outer hoop.
4. Place unfolded fabric over inner hoop, then layer folded fabric on top, with fold aligned toward top. (**See Diagram 1**)
5. Place outer hoop on top of fabric.
6. Tighten screw to secure hoops together.
7. Pull fabric taut.
8. Flip hoop over. Cut excess fabric around hoop, leaving a 1" border.
9. Apply hot glue to hoop, then fold fabric inward. Hold until glue has set.



**Diagram 1**

## get creative!

- Using hot glue, apply jute string or ribbon in a zig zag formation to create a memo board
- Create a unique pocket by layering folded pocket diagonally.
- Create two pockets by layering two folded pieces on top of one another.
- Paint the outer hoop to add a pop of color!