**CUT FABRICS**

From **teal**, cut:
- (4) 7½” × 7½” squares for **piecing**

From **light teal**, cut:
- (4) 7½” × 7½” squares for **piecing**

From **purple**, cut:
- (2) 7½” × 7½” squares for **piecing**

From **light purple**, cut:
- (2) 7½” × 7½” squares for **piecing**

From **light blue**, cut:
- (2) 6” × 12½” rectangles for **appliqué background**

From **green**, cut:
- (2) 1½” × 12½” rectangles for **outer sashing**

From **light teal beads**, cut:
- (2) 1½” × 12½” strips for **inner sashing**

From **dark teal beads**, cut:
- (4) 2½” × WOF strips for **binding**

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**RECOMMENDED PRODUCTS**

- Wafer 1 Lightbox
- Appliqué Pressing Sheet
- Olfa Spinning Rotary Mat 17” × 17”
- Shabby Fabrics Rectangle Ruler 2½” × 6½” Creative Grids
- Creative Grids 2½” × 24½” Ruler
- Creative Grids 12½” × 12½” Square Ruler
- Patchwork Pins
- Magnetic Pin Caddy
- Rotary Cutter

All available at [ShabbyFabrics.com](http://ShabbyFabrics.com)

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**PLEASE NOTE**

WOF = Width of Fabric  
RST = Right Sides Together  
All seams are ¼” unless otherwise noted.  
Please read all instructions carefully before beginning.
**Disappearing 4-Patches**

**STEP 1:** Sew (2) teal 7½” × 7½” squares and (2) light teal 7½” × 7½” squares into a 4-Patch as shown, pressing seams toward darker fabric.

**STEP 2:** Measure and mark 2½” from each corner.

**STEP 3:** Using a ruler as a straight edge, cut diagonally to connect measurement marks as shown.

**STEP 4:** Move corner units one position clockwise as shown.

**STEP 5:** Sew units together into diagonal rows as shown, using the center of the block as a baseline. Press seams toward corner units.

**STEP 6:** Sew rows together as shown, noting that the corner units will protrude beyond the side units. Press seams open.

**STEP 7:** Trim block to 12½” × 12½”.

*(If you do not have a 12½” × 12½” ruler, measure 6¼” from the center seam on all four sides.)*

Repeat to make a total of (3) Disappearing 4-Patch Blocks, (2) with teal and light teal, and (1) with purple and light purple. Set blocks aside for assembly at a later step.
Appliqué

Sew (1) inner sashing strip to a blue sky background; press toward inner sashing. Repeat with second background.

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Your diagram has two pages, a Reverse Diagram and an Assembly Diagram. When tracing shapes for fusible appliqué, use the Reverse Diagram.

Gently peel fusible paper from the back of each shape. Refer to Assembly Diagram to arrange shapes on background fabric.

**NOTE:** Stems and birdhouse posts will be sewn into outer sashing seam; align these shapes with the raw edge of background.

Appliqué in place using the method and stitch of your choice.

Sew (1) outer sashing strip to a blue sky background; press toward outer sashing. Repeat with second background.

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Assemble Table Runner

Sew blocks together in a row, pressing seams open. Sew one appliqué unit to each side as shown.

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Finish Table Runner

Layer top, batting, and backing. Quilt as desired.

Piece binding into one long strip. (We used a straight seam so we could match up the stripes.) Fold in half lengthwise, wrong sides together, and press. Line up raw edges of the binding with the raw edge of the table runner. Sew binding to the front side of the table runner, starting at any side. Turn the binding over and hand stitch to the back of the table runner.

*If desired, add eyes and legs to the birds with embroidery (using two strands of the color of your choice, French knot and backstitch) or a permanent marking pen (such as a Micron pen).*

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Reverse Diagram
Use this diagram for fusible appliqué

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Numbers indicate the order in which shapes are to be placed. Dashed lines indicate where one shape lies behind another.
Assembly Diagram
Use this diagram for placement

Numbers indicate the order in which shapes are to be placed. Dashed lines indicate where one shape lies behind another.

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page 5 of 5