**REQUIRED MATERIALS**

- 27" × 21" light green holly
- 27" × 10 ½" red swirl
- 27" × 10 ½" green with red dot
- 14" × 14" light blue
- 5" × 14" white with snowflakes
- 5" × 14" green stripe
- ⅝ yard red stripe
- various colorful fabrics for appliqué
- 55" × 21" for backing

**CUT FABRICS**

From **light green holly**, cut:
- (6) 7½" × 7½" squares for piecing

From **red swirl**, cut:
- (3) 7½" × 7½" squares for piecing

From **green with red dot**, cut:
- (3) 7½" × 7½" squares for piecing

From **light blue**, cut:
- (2) 6" × 12½" rectangles for appliqué background

From **white with gold snowflakes**, cut:
- (2) 1½" × 12½" strips for outer sashing

From **green stripe**, cut:
- (2) 1½" × 12½" rectangles for inner sashing

From **red stripe**, cut:
- (4) 2½" × WOF strips for binding

**RECOMMENDED PRODUCTS**

- Wafer 1 Lightbox
- Fusamat
- Olfa Spinning Rotary Mat 17" × 17"
- Creative Grids 2½" × 24½" Ruler
- Patchwork Pins
- Magnetic Pin Caddy
- Rotary Cutter
- Micron Pen
- Thread Director
- Schmetz Metallic Needles - Size 90/14 5ct

All available at ShabbyFabrics.com

---

**PLEASE NOTE**

WOF = Width of Fabric  
RST = Right Sides Together  
All seams are ¼" unless otherwise noted.  
Please read all instructions carefully before beginning.
**Disappearing Hourglass**

**STEP 1:** On the back of (1) cream square, draw a line diagonally from corner to corner. **STEP 2:** Layer cream square and (1) green square, RST, making sure to line up the edges. **STEP 3:** Sew ¼" on both sides of the drawn line. **STEP 4:** Cut on the drawn line. Press toward green. **STEP 5:** You will now have two half-square triangles.

*IMPORTANT: Trim each half-square triangle to 7" × 7".*

Repeat to make a total of (12) half-square triangles, (6) that are light green / green, and (6) that are light green / red.

**FOR REMAINING STEPS, PRESS ALL SEAMS OPEN.**

**STEP 6:** Sew (2) light green/green half-square triangles and (2) light green/red half-square triangles into an hourglass as shown.

**STEP 7:** Measure and cut 2¼" from center seams. **STEP 8:** Rotate corner units (outlined in blue) 180°, and center unit (outlined in black) 90°.

**STEP 9:** Refer to this image to verify that all units are arranged properly. **STEP 10:** Sew units together into rows.

**STEP 11:** Sew rows together to complete block.

Block will measure 12½" × 12½".

Repeat to make a total of (3) Disappearing Hourglass Blocks. Set blocks aside for assembly at a later step.
APPLIQUÉ

Sew (1) green stripe inner sashing strip to a light blue background; press toward inner sashing. Sew (1) white with gold snowflakes outer sashing strip to the other side; press toward outer sashing. Repeat with second background.

Your diagram has two pages, a Reverse Diagram and an Assembly Diagram. When tracing shapes for fusible appliqué, use the Reverse Diagram.

Gently peel fusible paper from the back of each shapes. Refer to Assembly Diagram to arrange shapes on background fabric.

Appliqué in place using the method and stitch of your choice.

ASSEMBLE TABLE RUNNER

Sew blocks together in a row, pressing seams open. Sew one appliqué unit to each side as shown.

FINISH TABLE RUNNER

Layer top, batting, and backing. Quilt as desired.

Piece binding into one long strip. Fold in half lengthwise, wrong sides together, and press. Line up raw edges of the binding with the raw edge of the table runner. Sew binding to the front side of the table runner, starting at any side. Turn the binding over and hand stitch to the back of the table runner.

If desired, add eyes and nose to the teddy bear with embroidery (using French knots in the color of your choice) or a permanent marking pen (such as a Micron pen).

Shop 24/7 for BOMs and Clubs, kits, and more at ShabbyFabrics.com!
Reverse Diagram

Use this diagram for fusible appliqué

December Table Runner Series
Easy Pieced

© 2019 Shabby Fabrics

For personal use only. Not for commercial production. No part of this pattern may be digitized or reproduced in any form unless express written consent by Shabby Fabrics. All designs are protected by federal copyright law. All rights reserved.