

Aunt Dinah Block

FLANNEL QUILT

as featured on our YouTube channel:

 [YouTube.com/ShabbyFabrics](https://www.youtube.com/ShabbyFabrics)

FABRIC REQUIREMENTS

- 2¾ yards **Cream 1**
- 2 yards **Cream 2**
- 1 FQ each of **20 dark colors**
- ⅔ yard for **inner border**
- 2¾ yards for **outer border and binding**
- 3 yards of 108" flannel for **backing**
OR 8 yards of 44" flannel for **backing**

BEFORE YOU BEGIN

Please read through all instructions carefully before beginning.

Each block finishes at 12" × 12".

Completed quilt finishes at 87½" × 99½".

Terms and definitions to know:

RST = Right Sides Together

WOF = Width of Fabric

LOF = Length of Fabric

This quilt uses the
Creative Grids™ Cats Cradle Tool,
available at [ShabbyFabrics.com](https://www.shabbyfabrics.com)

CUT THE FABRIC

From **Cream 1 flannel**, cut:

- (84) 5¼" × 5¼" squares for **hourglass units**
- (168) 2¾" × 2¾" squares for **corner units**

From **Cream 2 flannel**, cut:

- (84) 5" × 6" rectangles for **corner units**

From **each of 20 Dark flannel FQs**, carefully follow

Fat Quarter Cutting Diagram (right) to cut:

- (4) 5¼" × 5¼" squares for **hourglass units**
- (2) 4½" × 4½" squares for **centers**
- (8) 2¾" × 3¾" rectangles for **corner units**

From **various scraps*** of **Dark flannel FQs**, cut a total of:

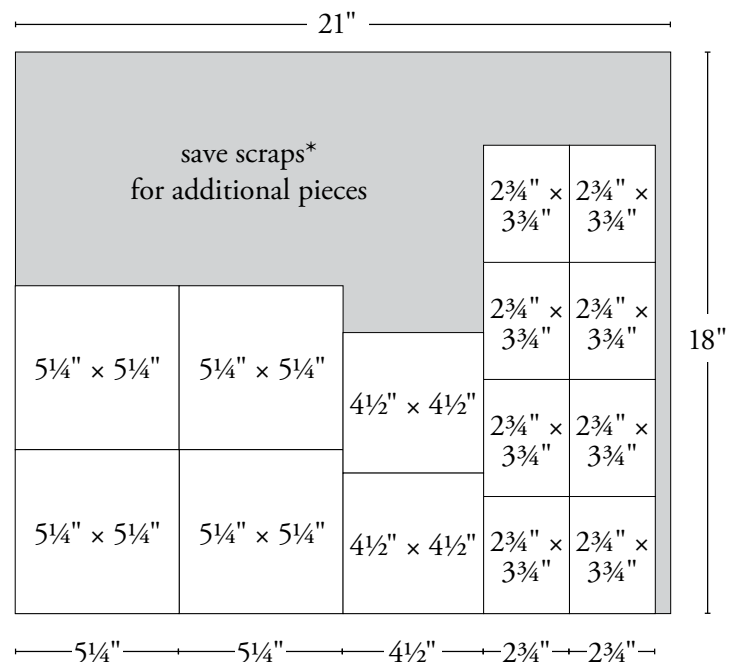
- (4) 5¼" × 5¼" squares for **hourglass units**
- (2) 4½" × 4½" squares for **centers**
- (8) 2¾" × 3¾" rectangles for **corner units**

From **inner border flannel**, cut:

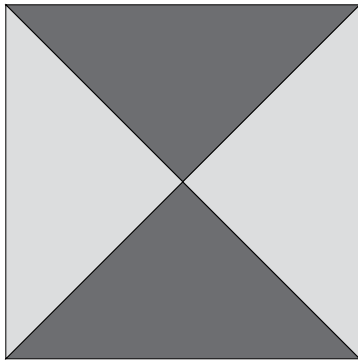
- (8) 2" × WOF strips for **inner borders**

From **outer border flannel**, cut:

- (4) 6½" × LOF strips *down length of fabric* for **outer borders**
- (5) 2½" × LOF strips *down length of fabric* for **binding**




Fat Quarter Cutting Diagram



MAKE HOURGLASS UNITS

For each block, you will use (2) Cream 1 $5\frac{1}{4}'' \times 5\frac{1}{4}''$ squares and (2) Dark $5\frac{1}{4}'' \times 5\frac{1}{4}''$ squares.

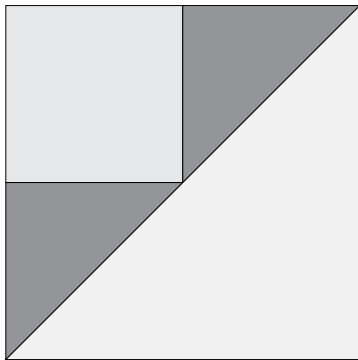
Layer squares, RST, and cut in half, twice, diagonally .

Sew Cream 1 triangle to Dark triangle; press toward Dark. Repeat for second Cream 1/Dark triangle.

Sew Cream 1/Dark triangles together; press seams toward Darks.

Unit should measure $4\frac{1}{2}'' \times 4\frac{1}{2}''$.

Repeat to create (168) Hourglass Units with various Dark flannels.



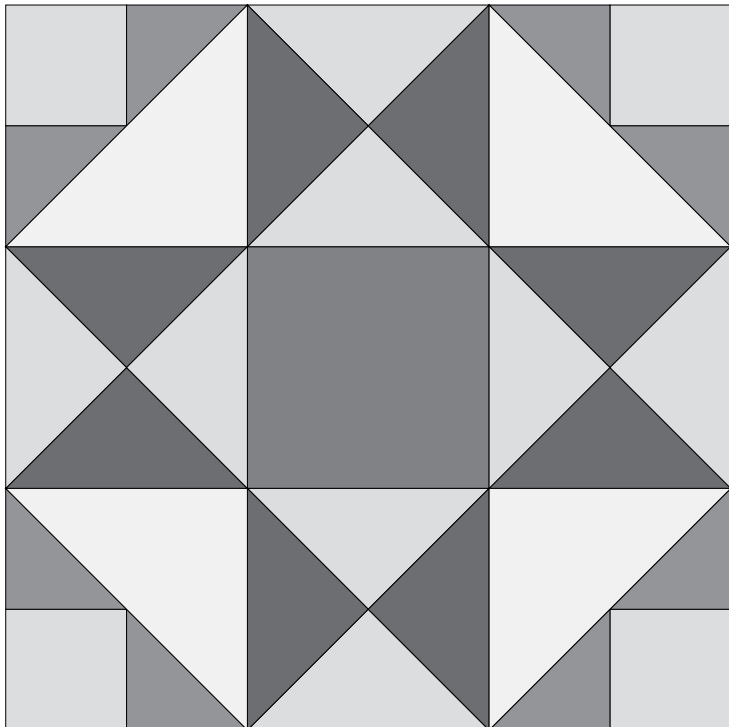
MAKE CAT'S CRADLE UNITS

For each block, you will use (4) $2\frac{3}{4}'' \times 2\frac{3}{4}''$ Cream 1 squares, (4) $2\frac{3}{4}'' \times 3\frac{3}{4}''$ Dark rectangles, and (2) $5'' \times 6''$ Cream 2 rectangles.

Use Cat's Cradle Tool and/or follow along with video to assemble unit.

Completed units should measure $4\frac{1}{2}'' \times 4\frac{1}{2}''$.

Repeat to create (168) Corner Units with various Dark flannels.



MAKE BLOCKS

For each block, you will use (4) Cat's Cradle Units, (4) Hourglass Units, and (1) Center.

Using the diagram for reference, sew the units together in rows, pressing seams open.

Then, sew the rows together into a block, pressing seams open.

Block should measure $12\frac{1}{2}'' \times 12\frac{1}{2}''$.

Repeat these steps to make (42) Blocks.

ASSEMBLE THE QUILT

On a large work surface, arrange your blocks in 7 rows of 6. Once you are pleased with the arrangement, sew blocks together in rows, then sew rows together.

Quilt top should now measure 72½" × 84½".

ADD BORDERS

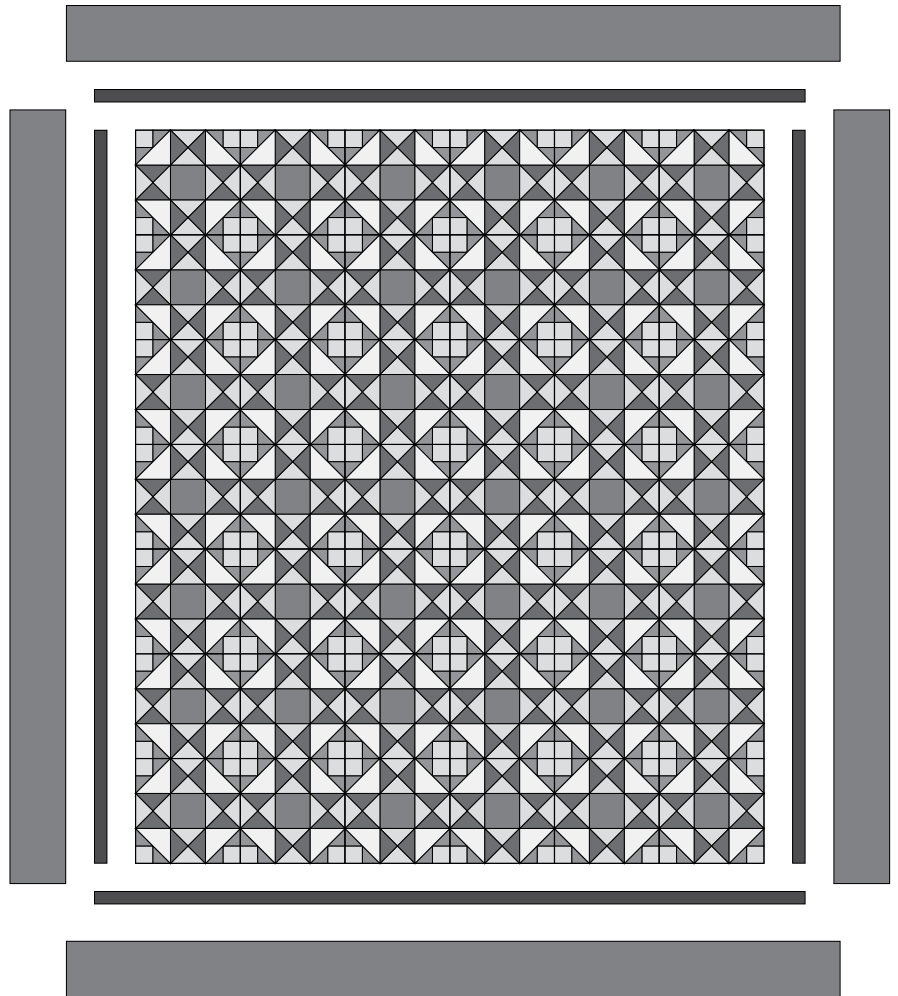
Sew **inner border** strips into one long strip.

Sew an inner border strip to the left and right sides of the quilt. Press seams toward border, and trim to be even with the quilt.

Sew an inner border strip to the top and bottom of the quilt. Press seams toward border, and trim to be even with the quilt.

Sew an **outer border** strip to the left and right sides of the quilt. Press seams toward outer border, and trim to be even with the quilt.

Sew an outer border strip to the top and bottom of the quilt. Press seams toward outer border, and trim to be even with the quilt.



FINISH THE QUILT

Layer quilt top, batting, and backing. Quilt as desired.

Sew **binding** strips together into one continuous strip. Fold binding in half lengthwise with wrong sides together, and press. Sew binding to the front side of the quilt, starting at any side. Turn the binding over and hand stitch to the back of the quilt.

Quilt Kits

with full color instructions

available at

ShabbyFabrics.com

while supplies last