This diagram is for use with the

Flying Geese Bench Pillow

project featured on our YouTube channel:

YouTube.com/ShabbyFabrics

Finished Size: 14" × 37"

Featured fabrics are from the Welcome Home Flannel collection by Jennifer Bosworth for Maywood Studio

Fabric Requirements

⅓ yard **black damask** (MASF8365-J) for **borders** and **sashing**
⅓ yard **cream** (MASF8368-E)
¼ yard **red gingham** (MASF610-RR)
⅓ yard **pink floral dots on black** (MASF8362-J)
⅛ yard **pink** (MASF513-PP2)
½ yard for **backing**

Required Tools

Flying Geese Ruler from Marti Michelle
available at ShabbyFabrics.com

Cut Fabric

From **black damask** fabric, cut:
- (2) 2½" × WOF for **top and bottom borders**
- (2) 2½" × 10½" for **side borders**
- (2) 2" × 10½" for **sashing**

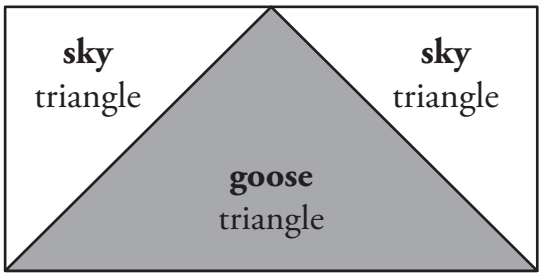
From **cream** fabric, cut:
- (2) 3" × WOF
  Use Flying Geese template to cut strips into (4) **goose triangles** and (28) **sky triangles**
- (4) 3" × 3" **sky squares** (for Block 3 corners)

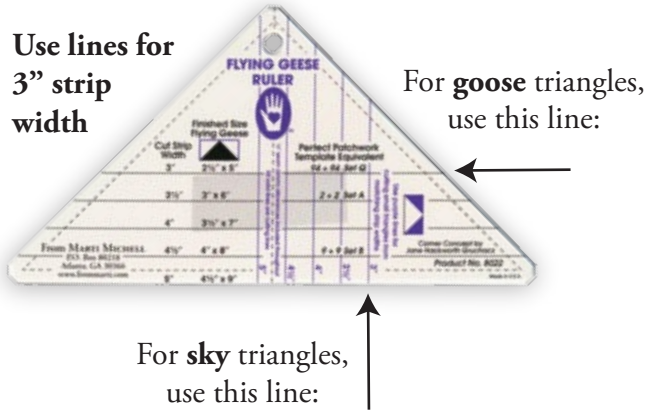
From **red gingham** fabric, cut:
- (2) 3" × WOF
  Use Flying Geese template to cut strips into (8) **goose triangles** and (8) **sky triangles**

From the **pink floral dots on black**, fabric cut:
- (1) 5½" × 5½" square
- (1) 3" × WOF
  Use Flying Geese template to cut strip into (8) **goose triangles**

From **pink** fabric, cut:
- (1) 3" × WOF
  Use Flying Geese template to cut strip into (4) **sky triangles**

From **backing** fabric, cut:
- (2) 14½" × 21" for **backing**





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Assemble Blocks

Referring to diagram above for fabric placement, assemble (3) flying geese blocks.

Add Sashing

Add **sashing** strips to the left and right sides of Block 2. Press seams toward sashing, and trim to be even with the block. Add Block 1 to the sashing on the left side of the Block 2, and press seams toward sashing. Add Block 3 to the right side of Block 2, and press seams toward sashing.

Add Borders

Add **side borders** to the left and right sides of pillow. Press seams toward border, then trim to be even with the pillow. Add **top and bottom borders** to the top and bottom of the pillow. Press seams toward border, then trim to be even with the pillow.

Quilting (optional)

Layer pillow top, batting, and backing (such as muslin). Quilt as desired.

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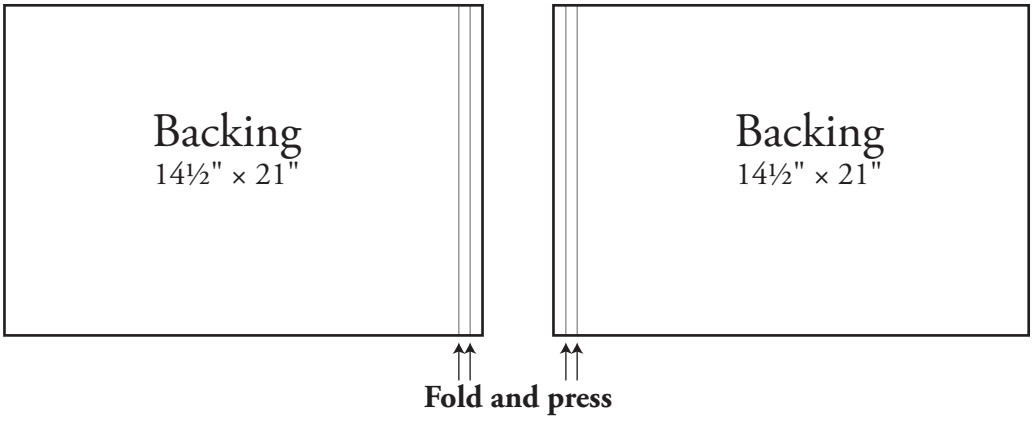
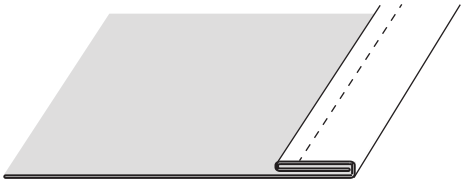
Assemble the Pillow

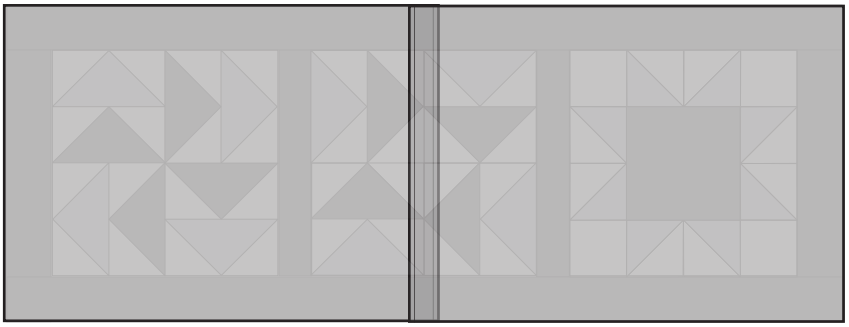
Fold the 14½" end of one **backing** piece under ¼" and press. Fold under another ¼" and topstitch to secure. Repeat for the other backing piece.





Topstitch to secure

Place pillow front on your work surface, right side up. Lay backing pieces on top of the pillow front, right sides together. The back pieces will overlap each other in the center (refet to diagram below). Align outer edges with the outer edges of the front.



Pin and sew around all four sides with a ¼" seam allowance. Turn right side out and press.

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